

BACKGROUND

The content of the *Shoulder Injury Utilization and Treatment Guideline* was comprehensively updated for the 9th Edition of the Montana Utilization and Treatment Guidelines.

While the Shoulder Injury Guideline was the only guideline undergoing a full update, the 9th Edition also includes edits to other Guideline chapters made to ensure content consistency across guideline chapters. Three specific items were deemed essential from recent updates to merit editing the content as a part of this guideline revision cycle.

The three edits and their respective locations within each Guideline are included in the tables below.

EDIT 1: During the Low Back Pain and Cervical Spine Injury Guideline updates in 2023, the content covering level of licensure for psychosocial care were updated to reflect Montana provider scope of practice. Rather than listing credentials (e.g., PhD, EdD, PsyD), the content was updated in the following sections to refer to a “licensed psychologist,” consistent with Montana licensing.	
GUIDELINE CHAPTER	SECTION
Cervical Spine Injury	No updates necessary in this guideline.
Chronic Pain Disorder	E.2.a Qualifications F.15 Psychological Intervention
Complex Regional Pain Syndrome	Content not present
Cumulative Trauma Conditions	E.4 Personality/Psychological/Psychosocial Evaluations
Low Back Pain	No updates necessary in this guideline.
Lower Extremity Injury	D.2.d Personality/Psychological/Psychosocial Evaluations F.11 Personality/Psychosocial/Psychological Intervention F.11.a Cognitive Behavioral Therapy (CBT) or Similar Treatment
Mild Traumatic Brain Injury	D.2.h Psychological, psychiatric, or psychosocial evaluations
Moderate to Severe TBI	D.2.h Psychological, psychiatric, or psychosocial evaluations
Thoracic Outlet Syndrome	E.7 Personality/Psychological/Psychosocial Evaluations F.7 Personality/Psychological/Psychosocial Intervention

Notification on 9th Edition Utilization & Treatment Guideline Updates

EDIT 2: During the Low Back Pain and Cervical Spine Injury Guideline updates in 2023, the content covering the requirement for a full psychological evaluation prior to initiating cognitive behavioral therapy (CBT) was amended to include a requirement for clinical interview, and a full psychological evaluation, when indicated, to establish whether cognitive behavioral therapy was an appropriate treatment prior to initiation.	
GUIDELINE CHAPTER	SECTION
Cervical Spine Injury	No updates necessary in this guideline.
Chronic Pain Disorder	F.15 Psychological Intervention F.16 Time Frames for Cognitive Behavioral Therapy (CBT) or Similar Treatment (table)
Complex Regional Pain Syndrome	Content not present
Cumulative Trauma Conditions	Content not present
Low Back Pain	No updates necessary in this guideline.
Lower Extremity Injury	F.11 Personality/Psychosocial/Psychological Intervention F.11.a Cognitive Behavioral Therapy (CBT) or Similar Treatment
Mild Traumatic Brain Injury	Content not present
Moderate to Severe TBI	Content not present
Thoracic Outlet Syndrome	F.7 Personality/Psychological/Psychosocial Intervention Cognitive Behavioral Therapy (CBT) or Similar Treatment

EDIT 3: During the Shoulder Injury Guideline update, specific language, “Insurers may use these tools as well,” was removed from the “Positive Patient Response” general guideline principle. The content was removed from other guidelines, as below.	
GUIDELINE CHAPTER	SECTION
Cervical Spine Injury	Content removed
Chronic Pain Disorder	Content removed
Complex Regional Pain Syndrome	Content removed
Cumulative Trauma Conditions	Content not present
Low Back Pain	Content removed
Lower Extremity Injury	Content removed
Mild Traumatic Brain Injury	Content not present
Moderate to Severe TBI	Content not present
Thoracic Outlet Syndrome	Content not covered