

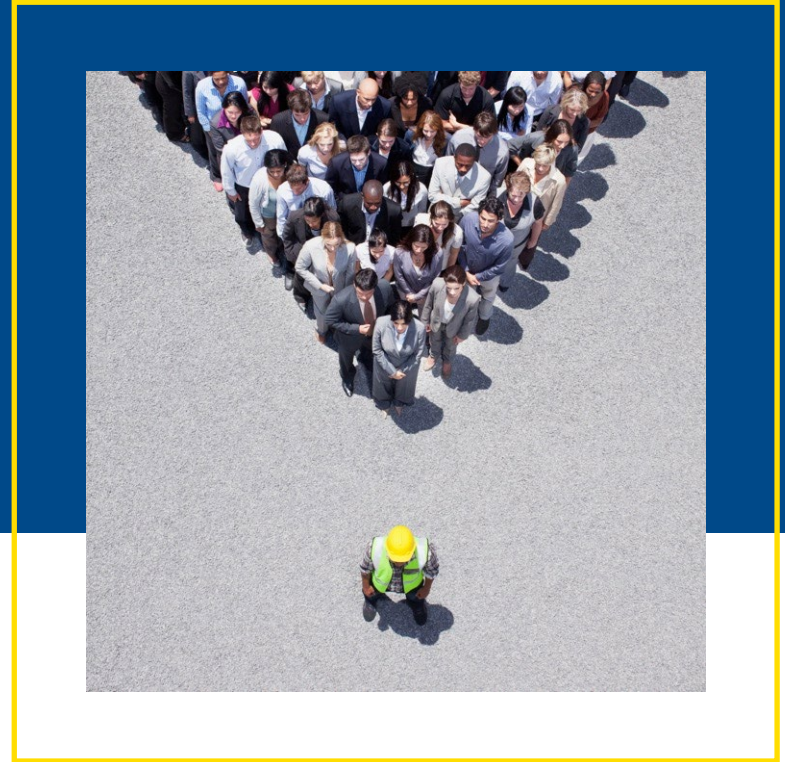
Assessing the Invisible

Psychosocial Screening in Work Comp

X.J. Ethan “Mojo” Moses, MD, MPH, FACOEM
Medical Director
Colorado Division of Workers’ Compensation



COLORADO
Department of
Labor and Employment



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*“The good physician treats the disease;
the great physician treats the patient who
has the disease.”*

Sir William Osler



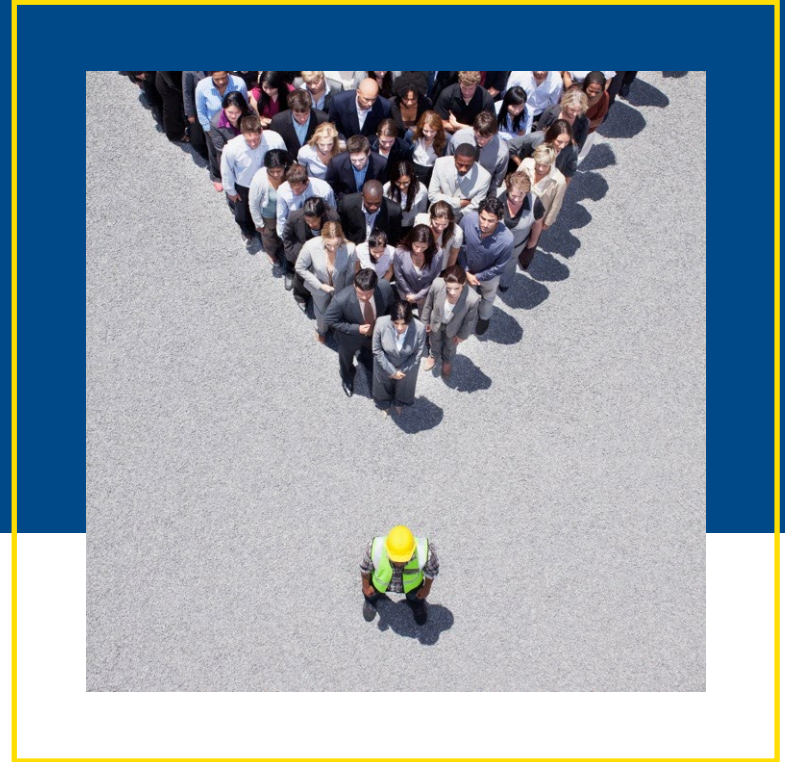
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Perspective

(no financial disclosures)



Medical Director

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Assistant Professor

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American College of
Occupational &
Environmental Medicine



Founding Member

Jurisdictional Workers'
Compensation Medical
Officers (WCMO)















The Missing Piece

Mental health affects all claims

- Undiagnosed disorders
- Psychosocial barriers to recovery
- Psychological comorbidities





Figure A Functional Improvement in Workers with Self-Reported Mental and Physical Health Comorbidities, Case-Mix Adjusted^a

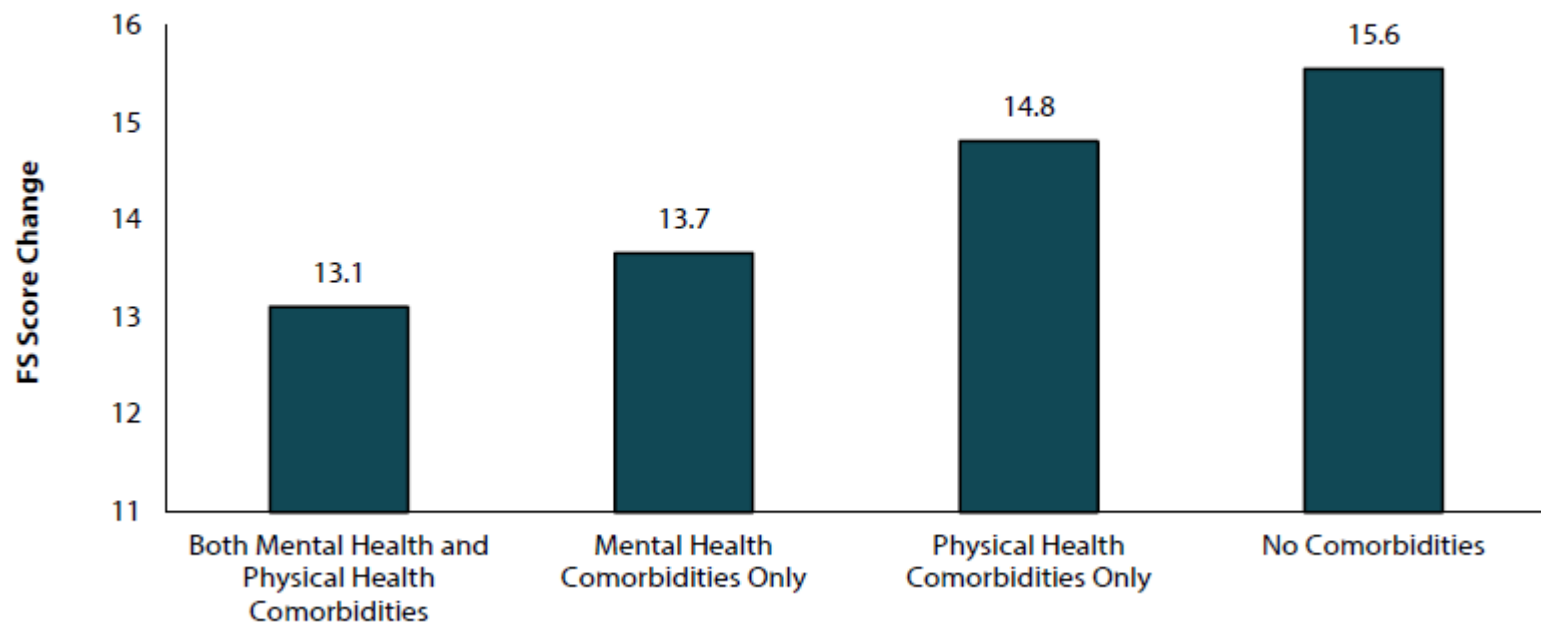
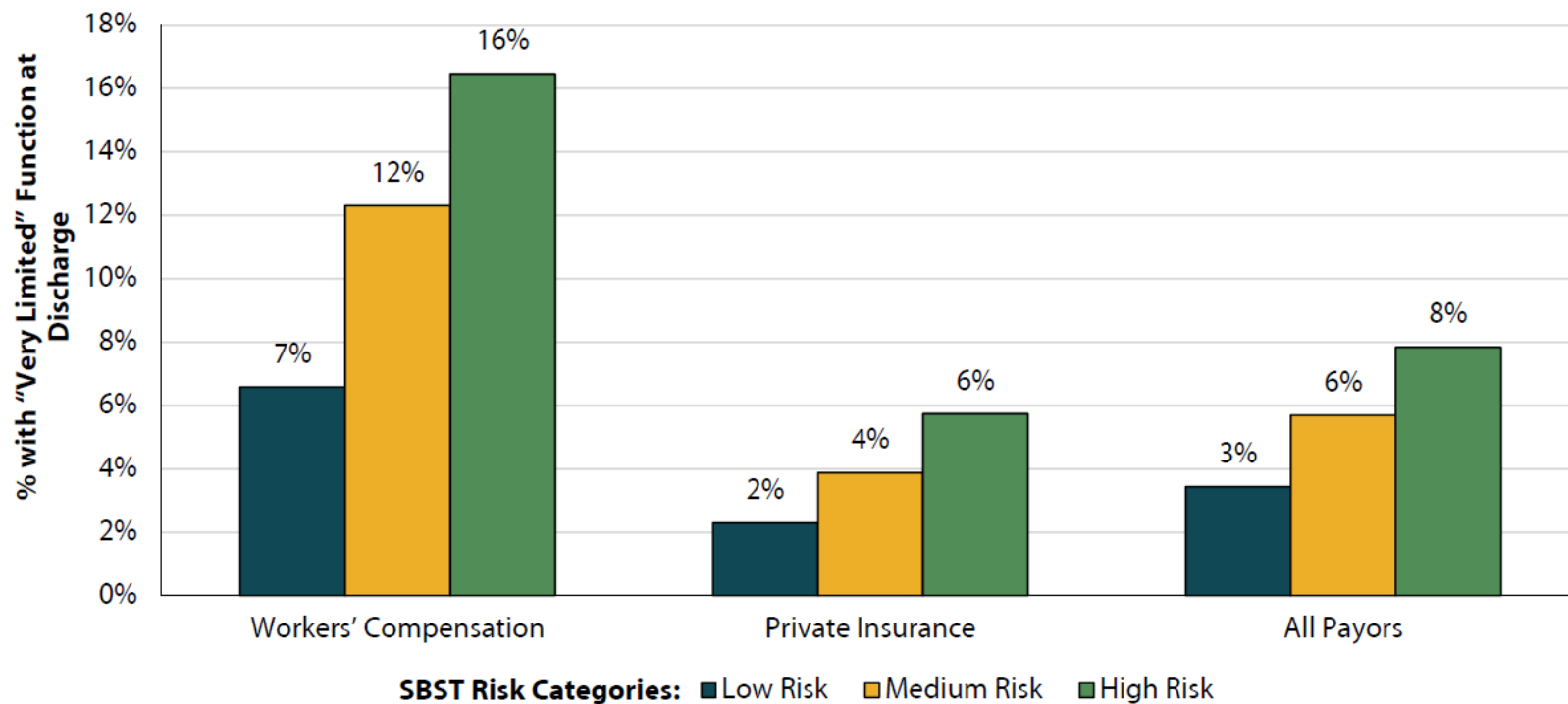
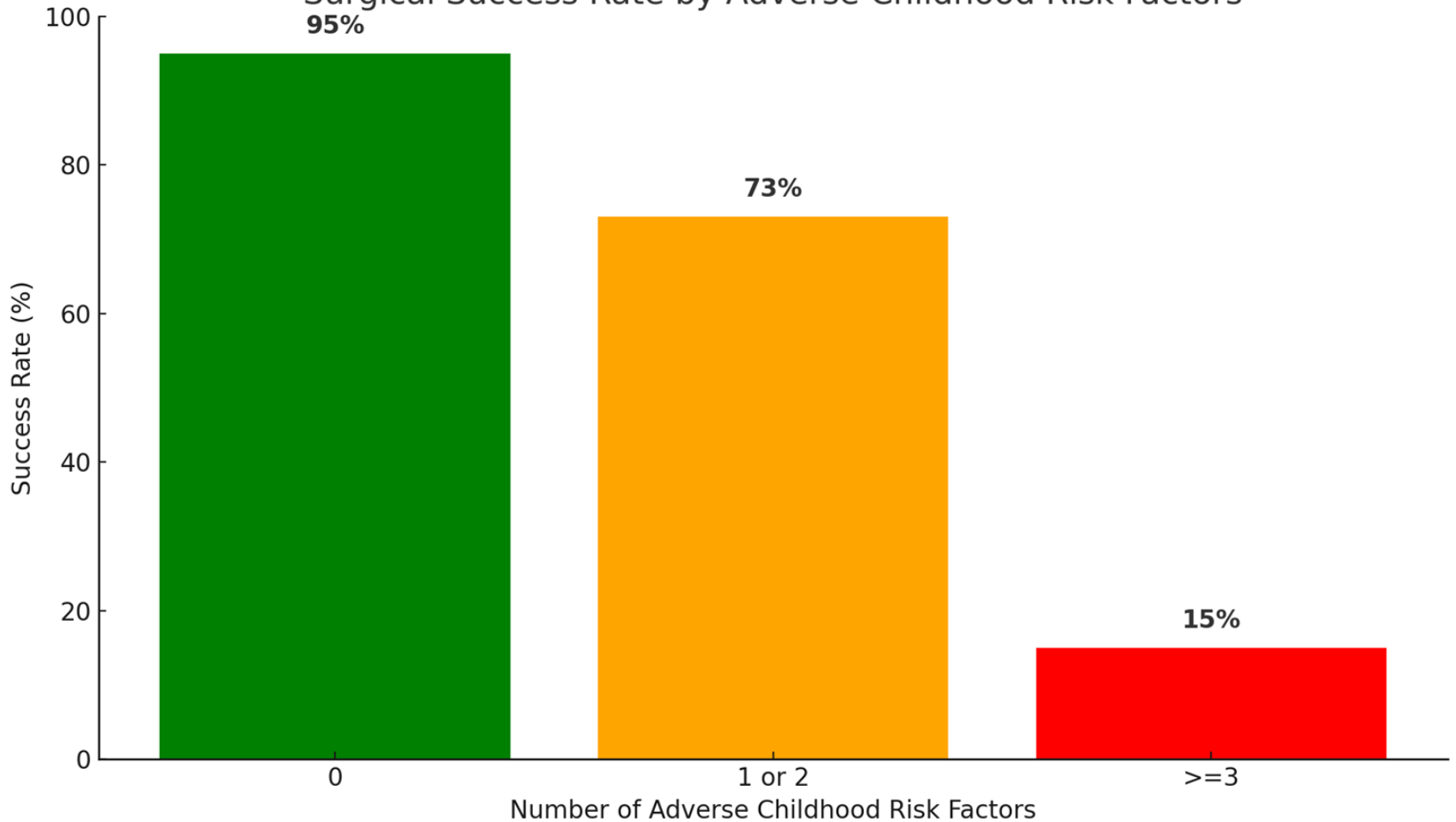


Figure 4.3 Likelihood of Having “Very Limited” Function at Discharge by SBST Risk Category, Case-Mix Adjusted^a





Surgical Success Rate by Adverse Childhood Risk Factors





QPOP: Division Approved Psychological Screens

Name of Test/Site Link	Description
<u>BBHI 2 – (Brief Battery for Health Improvement – 2nd Edition)</u>	Measures pain, functioning, somatization, depression, anxiety and defensiveness; brief measure of risk factors for delayed recovery
<u>DRAM – (Distress and Risk Assessment Method)</u>	Measures depression and somatic symptoms of anxiety, risk factors commonly associated with chronic pain
<u>CES-D (Center for Epidemiological Studies Depression Scale)</u>	Measures depression, 20 items
<u>BDI –II (Beck Depression Inventory -2nd edition)</u>	Measures depression, 21 items
<u>PRIME-MD – (Primary Care Evaluation for Mental Disorders)</u> <i>Must be filled out by a provider</i>	Two components: paper and pencil screen for patient and follow-up interview by physician. Assesses mood, anxiety, somatoform tendencies, alcohol and eating disorders
<u>Zung Depression Inventory</u>	Measures depression, brief measure
<u>PHQ (Patient Health Questionnaire) and PHQ-9</u>	Self-administered version of the PRIME-MD. Assesses mood, anxiety, somatoform tendencies, alcohol and eating disorders
<u>GAD-7 (Generalized Anxiety Disorder Scale)</u>	Assesses generalized anxiety, 7 questions
<u>BHI-MV (Behavioral Health Index Multimedia Version)</u>	Screens for addiction

Zung Self-Rating Depression Scale (SDS)

For each item below, please place a check mark (✓) in the column which best describes how often you felt or behaved this way during the past several days

Place check mark (✓) in correct column.	A little of the time	Some of the time	Good part of the time	Most of the time
1. I feel down-hearted and blue.				
2. Morning is when I feel the best.				
3. I have crying spells or feel like it.				
4. I have trouble sleeping at night.				
5. I eat as much as I used to.				











